## How to do Everyday family life

Symbols - mirror of the soul (Tutorial 8)



## The angel letter

If your child wants to tell an angel about its wishes and worries, offer him/her the possibility of writing to an angel. Make it clear that angels are unable to make skateboards, play-stations or i-phones, drop from the sky ...



» Talk about your child's wish or worries.



Together with your child, buy some beautiful notepaper (maybe a golden or silver colour, or with angels printed on, etc.)



Let your child write a letter to the angelic world either on its own, or with help.



Your child can choose an angel symbol at random.



The symbol is put into an envelope, together with the angel letter, or just put on it for 24 hours.



If your child wants to, read the appropriate story in the book.

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» After 24 hours the child can take the symbol away again. The letter should be left for some time!



As soon as the wish has been fulfilled, the letter can be destroyed. But do not forget to thank the angels with a flower, a stone or a white feather!

NOTE: Not all wishes are fulfilled. If they do not fit into the divine order of the child, or another person affected, then you/your child will get hints from outside, after some time. You should either change the wish, or let it go. Destroying an angel letter, without the fulfilment of the wish, can be a great relief, or at least an important learning process.