How to do Kindergarten & School

Symbols – mirror of the soul (Tutorial 5)



The Angel Protection Circle

If you feel that a child is often scared, talk to it, or to the parents, about it. If you want to ask for angelic help and support for the child, you could do the following:



» It does not matter whether the fears are specific or vague: let the child draw a picture of its fears. It can, for example, draw a certain situation, or just a grey cloud of fear.



Put all the 21 symbols upside down on a table.



Let the child draw eight symbols.



The child should place the eight symbols around the drawing.



Then you read out the eight angel messages that correspond with the symbols. They are printed on the symbols. These angels should help the child reduce and overcome its fears.



Encourage the child to contact these angels during the day, or when going to bed.

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» If the child wants to, it can choose one of the angels, whose story you read from the book.



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You can also apply the Angel Protection Circle to other problems, such as insecurity, reservedness, anxiety, shyness, etc.